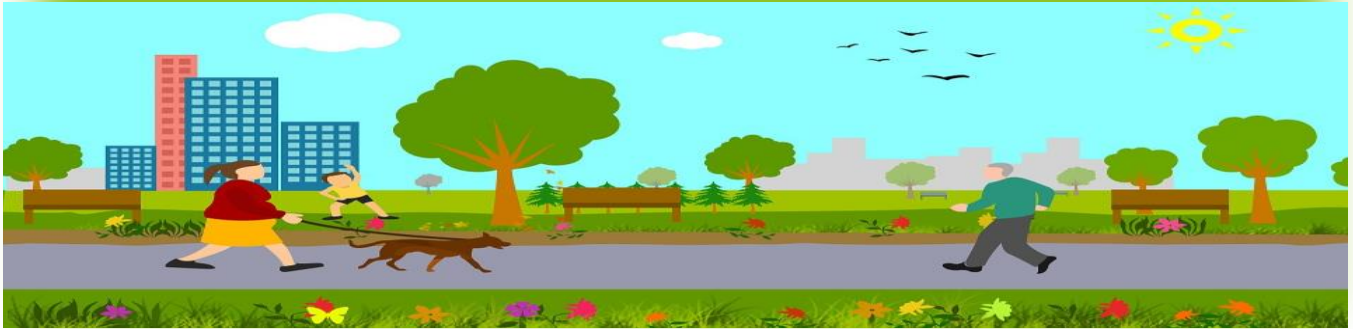


# Monthly Health Walks



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**Get active! Join our free & friendly Health Walk in beautiful Regent's Park**  
**Meet lovely people, get fitter and feel refreshed in body and mind**

**20% discount in park café so join us afterwards for a friendly cuppa ☺**

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**West Euston Partnership**

**One Stop Shop**

**29-31 Hampstead Road**

**London NW1 3JA**

**Meet at West Euston Partnership One Stop Shop (next door to Sainsbury's) at 9:45 am. Walks take place on:**

- **Wednesday 18 July**
- **Wednesday 22 August**
- **Wednesday 19 September**

**WEST EUSTON**  
**PARTNERSHIP**