

CALM and QUIET Sessions



Department
for Work &
Pensions

For people with autism or learning disabilities/difficulties aged 18 + to find out about benefits, jobs and support at the Jobcentre

Please come to an introductory session at a Jobcentre to see how we can support people with autism and/or learning disabilities into employment, or help them move towards it.

- Find out about volunteering, part-time or full-time employment, or changing jobs.
- Parents/Carers welcome too, or come alone to explore opportunities for those you support
- Meet specially trained staff who will explain what help is available.
- Meet organisations that may be able to help you get the support you need.
- Access to employers offering work experience and part or full-time work.
- Find out about benefits, including Universal Credit, and what you are entitled to.
- Find out about Access to Work, a scheme to help you with support in employment and with travelling to work

NO COMMITMENT - NO ASSESSMENT - JUST INFORMATION

and autism-friendly help and advice in a calm and peaceful session. Help us to help you!

Where? Kentish Town Jobcentre Plus, Kentish Town Road, London NW5 2AG. You do not need to live in north London or live near the jobcentre – anyone over 18 can attend.

When? Thursday 12th July from 10am to 2pm.

Travel? Buses: C2, 46, 134, 214, 393. Nearest Tube: Kentish Town on the Northern Line.

If you would like an appointment with a trained Work Coach, please email Belinda.Blank@DWP.GSI.GOV.UK for a personal time to come, so that you will not have to wait. You can also use this email to ask questions. Otherwise please **drop in** but you may have to wait. There will be staff to help you, and a quiet area.

Together let's make a difference!