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| **Bereavement Support** | **Overview** | **More details** |
| **Dealing with grief and bereavement during Covid-19** | Cruse Bereavement Care have put together resources to share how bereavement and grief may be affected by the current coronavirus pandemic.  It covers some of the different situations and emotions bereaved people may have to deal with, and includes advice about grieving in isolation. | [Dealing with bereavement and grief](https://www.cruse.org.uk/get-help/coronavirus-dealing-bereavement-and-grief)  [Grieving and Isolation](https://www.cruse.org.uk/coronavirus/grieving-and-isolation)  [Traumatic bereavement](https://www.cruse.org.uk/coronavirus/trauma)  [Funerals](https://www.cruse.org.uk/coronavirus/funerals)  [Anger and blame](https://www.cruse.org.uk/coronavirus/anger-and-blame)  [Feeling guilty](https://www.cruse.org.uk/coronavirus/guilt)  [Feeling your bereavement is not a priority](https://www.cruse.org.uk/coronavirus/bereavemnt-priorities)  [Children and Young People](https://www.cruse.org.uk/coronavirus/children-and-young-people) |
| **Information on bereavement from Mind** | The mental health charity, Mind, provide information on bereavement, where to go for support, and suggestions for helping yourself and others through grief | [Mind bereavement, support and self care](https://www.mind.org.uk/information-support/guides-to-support-and-services/bereavement/support-and-self-care/) |
| **Coping with grief and loss at work** | This blog provides three tips for coping with grief and loss in the workplace from goodtherapy.org | <https://www.goodtherapy.org/blog/workplace-grief-loss-coping-with-death-of-coworker-0503185> |
| **Supporting bereaved children** | The Childhood Bereavement Network offers advice on talking to children about death and practical support.  Winston’s Wish also provide guidance on how to tell a child or young person that someone has died from coronavirus. | [Childhood bereavement network](http://www.childhoodbereavementnetwork.org.uk/help-around-a-death/covid-19.aspx)    [How to tell a child or young person that someone has died from coronavirus](https://www.winstonswish.org/telling-a-child-someone-died-from-coronavirus/) |