

Become a Parent Champion!

Do you have experience of caring for a child or young person with mental health difficulties?

Would you like to participate in our training days and share your experiences to shape mental health care?



We're looking for parents and carers to:

- Raise awareness of the parents' perspective of caring for a child with mental health difficulties
- Shape training for mental health professionals



Apply if you:

- Have experience caring for a child or young person with mental health difficulties
- Have experience of engaging with child and adolescent mental health services
- Can travel to/within London
- Are passionate about improving child and adolescent mental health services

If you're interested, please **get in touch**

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